

# Mark Hancock

## Tonic Stress Made Simple

- **SITUATION:** What is tonic stress?
- **PROBLEM:** Tonic stress too complex to teach?
- **SOLUTION:** Make simple: break it down into component parts
- **EXTENSION:** Relating tonic stress to other forms of stress

# The Good Virus

Is there such **thing** // as a **good** // **virus**?

Now this may seem like a **strange** thing to ask

When we **think** of viruses

we tend to think of the big **baddies**

like **flu** // and HIV

that are ex**ceptionally** good // at **spreading** disease

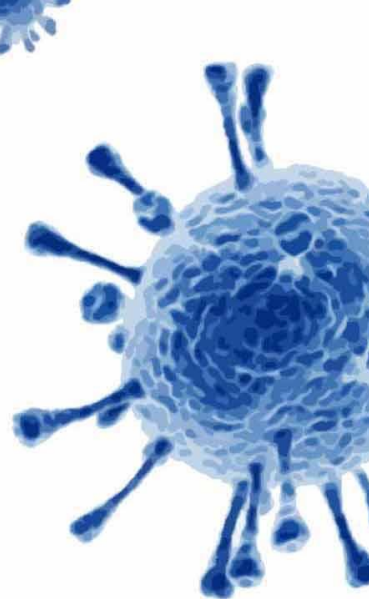
Even Hollywood's cottoned on to our **fear** of viruses

and has brought them to the red **carpet**

as **evil** // fast-**spreading** // quite deadly **villains**

But what if we could **use** viruses

to **treat** diseases // like **cancer**?



# Tonic Stress – wherefore art thou?

To be // or not to be  
That is the question.

I come to bury Ceasar  
not to praise him.

What's in a name?  
A rose by any name would smell as sweet.



# Simply Add Tonic

*Give me a break!*

*Look who's talking!*

*I should be so lucky!*

*Now there's a thought!*

*What's that supposed to mean?*





# CHOOSE WHICH WORD TO STRESS

1 So you don't study in this university?

Where do you study?

2 I'm staying in the university residences.

Where are you staying?

3 You seemed to be enjoying the course.

Why did you leave?

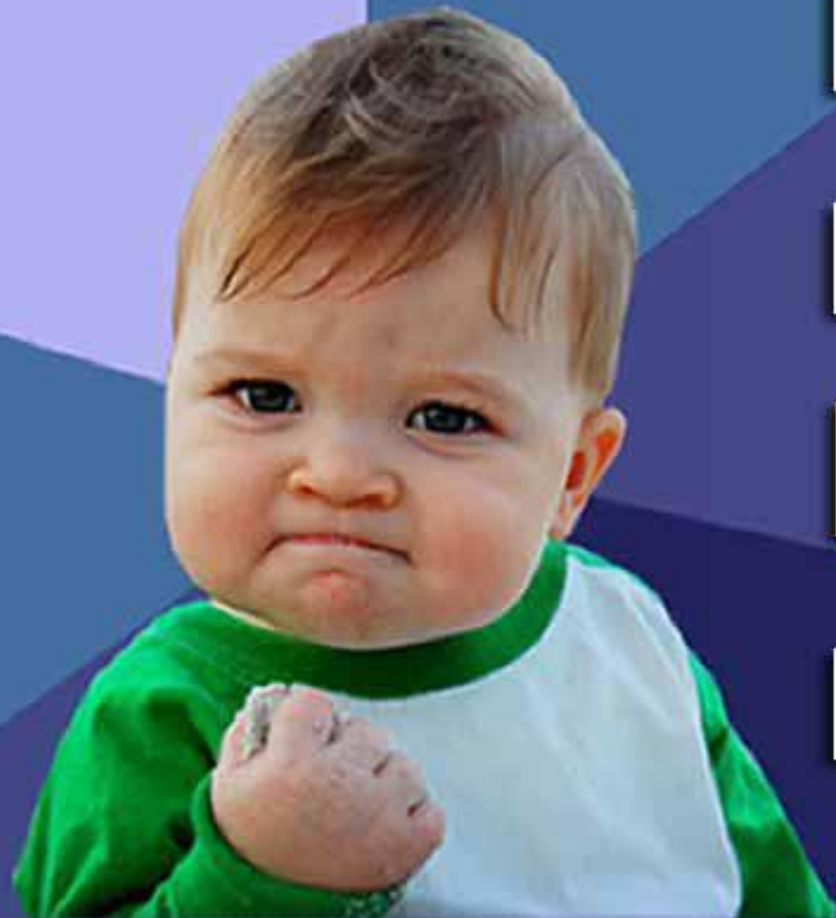
4 You haven't done the research yet.

What have you done?

5 Everyone else has decided on a project.

What shall we do?

stress meme



I was **RIGHT!**

I **WAS** right!

I was right!

I **WAS!**

Normal :

She can **swim**.

Focus on the person 👤:

**She** can swim.

Focus on + or -:

She **can** swim.



## Simple statements

# She can swim.

A 👤	B + / -	Normal
Jim	was	here.
I	don't	drive.
Anne	won't	mind.
They	were	tired.
Alice	is	late.
Chris	has	gone.

# Matching

- |  |   |
|--|---|
| <sup>1</sup> I don't like his <b>stor</b> y, | <sup>a</sup> - hers is much better.       |
| <sup>2</sup> I don't like <b>his</b> story,  | <sup>b</sup> - I prefer science subjects. |
| <sup>3</sup> I don't <b>like</b> his story,  | <sup>c</sup> - but many others do.        |
| <sup>4</sup> I <b>don't</b> like his story,  | <sup>d</sup> - it's too long.             |
| <sup>5</sup> I don't like his story,         | <sup>e</sup> - why do you think I do?     |
| <sup>6</sup> I don't like <b>his</b> story,  | <sup>f</sup> - I love it!                 |

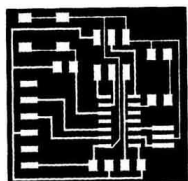




# FURTHER EDUCATION



Further educ**a**tion  
can give you inspir**a**tion  
Want to solve a **myst**ery?  
Why not study **hist**ory?



Mental acro**bat**ics?

Take up mathe**mat**ics!

Learn about sta**tist**ics  
or maybe do lin**guist**ics

Knowing modern **lang**uages

Can bring you some adv**an**tages

Ambitious employ**ees**

Sit down and learn Chin**ese**



Do art and learn to **draw**

Or maybe study **law**

Fancy elec**tron**ics?

Or maybe eco**nom**ics?

Qualify in **dent**istry

Or maybe study **chem**istry

Why not study **geog**raphy

Or maybe do philo**soph**y

Interested in hearing

a talk on engi**neer**ing?

Learn about psy**cholog**y

Or maybe take bio**log**y

Further educ**a**tion

Can give you inspir**a**tion

Fulfil an aspir**a**tion

With further educ**a**tion!

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